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Major fields in
Home Economics

MILWAUKEE-DOWNER COLLEGE

MAJOR FIELDS IN HOME ECONOMICS

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MILWAUKEE, WISCONSIN • APRIL, 1938

Bulletin from the Department of Home Economics
Published by Milwaukee-Downer College, four times a year, November, February,
April, June

Series 20 * Number 4

Entered as second-class matter, June 13, 1918, at the post-office at Milwaukee, Wis., under the Act of Congress of August 24, 1912. Acceptance for mailing at special rate of postage provided for in Section 1103, Act of Congress of October 3, 1917, authorized on July 5, 1918.



Sabin Hall

MAJOR FIELDS IN HOME ECONOMICS

• There are twenty-nine different courses taught by the faculty of the Home Economics Department. Other courses which make up three well-balanced programs in Home Economics are taught by the faculty of various departments of the college.

The degree of Bachelor of Science is granted to those who complete any one of these programs of study. One hundred and twenty semester credits are required for the degree, except in the field of Home Economics Education where one hundred and twenty-two are required. These are distributed as follows: thirty-seven in Home Economics; eleven to fourteen in Chemistry; six in Anatomy and Physiology; three in Bacteriology; four in Physics, if not offered at entrance; twelve in English; four in Economics, Geography, History, Political Science or Sociology; two in Speech, one in Hygiene; and thirty-eight to forty-five credits in elective studies selected in accordance with the particular interests of the student.

MAJOR FIELDS

Courses are selected and grouped so as to give programs which cover three Major Fields of Home Economics. Choice of the program is based on the professional interest of the student. Certain changes may be made in these programs in accordance with the interests and vocational plans.

Two years of Physical Education are required in all programs.

There are three Major Fields around which the programs are planned:

- I. Foods and Nutrition
- II. Textiles and Clothing
- III. Home Economics Education

Each program prepares for special vocational fields.

I. FOODS AND NUTRITION

Vocational Fields: Dietetics in Hospital, Nursery School, Medical Clinic or Social Welfare Association and Technical Work in Laboratory.

Dietetics

FRESHMAN YEAR	SOPHOMORE YEAR	JUNIOR YEAR	SENIOR YEAR
General Inorganic Chemistry	Organic Chemistry	Anatomy and Physiology	Bacteriology
English	English	Economics	Education or Elective
Foods	Physics or Quantitative and Qualitative Chemistry	Normal Nutrition	Readings in Nutrition or Child Nutrition
Speech	Child Guidance	Diet in Disease	Food Chemistry
Hygiene	Home Furnishings	Psychology	Physiological Chemistry
Elective (Language or History)	Textile and Clothing Economics	Elective or Sociology	The Family
	Elective		Housing and Home Management
			Elective or Institutional Management or Demonstration and Experimental Cookery

VOCATIONAL FIELDS

This program prepares students for hospital dietetics, meeting all the requirements of the American Dietetic Association in the college preparation for hospital internship in dietetics. Milwaukee-Downer students have been successfully placed each year for training in approved hospitals. The period of training is one year.

This program also prepares students for positions as consultant dietitians in medical clinics or in doctors' offices, for Red Cross nutrition service, as well as for positions as dietitians in social welfare associations, child health, or emergency relief work or in nursery schools.

Students who plan to enter hospitals for training in dietetics are given an opportunity in their Senior year to earn three Edu-

cation credits in the special field of hospital dietetics, and to do practice teaching in cooperation with the dietitians of the Milwaukee hospitals, where classes in Nutrition are taught for the nurses.

Students interested in becoming dietitians in nursery schools are required to take the course in Child Nutrition with practice in the nursery school, and should elect a course in Child Psychology.

The positions in various fields of institutional management call for much the same program of work as the one outlined for Dietetics. The following program suggests certain modifications for those interested in various forms of institutional work.



Lunch at the Nursery School

I. FOODS AND NUTRITION

Vocational Fields: Hotel, Restaurant, Tea Room or School Lunch Management, or Home Service Departments in Commercial Organizations.

Institutional Management

FRESHMAN YEAR	SOPHOMORE YEAR	JUNIOR YEAR	SENIOR YEAR
Chemistry	Organic Chemistry	Anatomy and Physiology	Bacteriology
English	Physics or Quantitative and Qualitative Chemistry	Normal Nutrition	Demonstration and Experimental Cookery
Foods	English	Economics	Sociology
Speech	Child Guidance	Diet in Disease	Housing and Home Management
Hygiene	Home Furnishings	Psychology	Institutional Management
Elective	Textiles and Clothing Economics	Elective or Food Chemistry	Field Work in Institutional Management
			The Family
			Elective or Readings in Nutrition

VOCATIONAL FIELDS

There are interesting opportunities as dietitians or managers of cafeterias, tea rooms, school lunch rooms, or college dormitories. Commercial positions in home service departments or in demonstration work also are open for students with such programs.

The program of studies preparing for positions in Institutional Management is similar to that preparing for the various phases of Dietetics, except that fewer science courses and more courses in Sociology and Economics are included. Students who are interested in commercial positions in home service departments or in demonstration work are given opportunity for field experience in

a commercial organization. Here first-hand experience is gained in giving demonstration-lectures to large groups, in handling employees and in testing recipes.

II. TEXTILES AND CLOTHING

Vocational Fields: Designing of Costumes, Buying of Textile Fabrics and Gowns, and Interior Decoration.

Costume Design and Textiles

FRESHMAN YEAR	SOPHOMORE YEAR	JUNIOR YEAR	SENIOR YEAR
General Inorganic Chemistry	Organic Chemistry	Anatomy and Physiology	Bacteriology
English	English	Psychology	The Family
Clothing	Physics	Clothing	Clothing or Field Work in Textiles
Textiles	Child Development and Guidance	Costume Design	Costume Design
Drawing and Design	Speech	Economics	Housing and Home Management
History of Art	Dietetics and Meal Management	Home Furnishings	History of Art
Hygiene	Weaving	Academic Electives (Foreign Language or Social Science)	Academic Electives
	Academic Electives (History or Foreign Language)		Home Economics or Art Elective

VOCATIONAL FIELDS

This program is suggested for students interested in preparing for positions in commercial dress designing or as buyers of textile fabrics and gowns. Personnel work in stores can also be approached through such a program, as well as the field of interior decoration.

Students who are interested in any type of position in store work, for which training in Home Economics is desirable, will find the course designated in the Catalogue as "Field Work in Textiles 317, 318" very valuable. Opportunity for first hand study of merchandising and for actual selling is provided through the cooperation of a large department store. This course is offered in the Senior year.

Additional courses in Design, in Mechanical Drawing and in Applied Art are suggested for students interested in Interior Decoration.

An Experience
in Selling Goods
at a Department Store



III. HOME ECONOMICS EDUCATION

Vocational Fields: Teaching in Junior or Senior High Schools or in Colleges.

Teaching

FRESHMAN YEAR	SOPHOMORE YEAR	JUNIOR YEAR	SENIOR YEAR
General Inorganic Chemistry	Organic Chemistry	Anatomy and Physiology	Bacteriology
English	English	Economics	The Family
Foods	Physics	Normal Nutrition	Housing and Home Management
Drawing and Design	Textiles	Diet in Disease	Home Economics Education
Hygiene	Clothing	Clothing	Practice Teaching in Home Economics
Academic Elective	Weaving	Costume Design	Education
	Child Development and Guidance	Psychology	Elective
	Speech	Home Furnishings	

Students who wish to teach in the public schools of Wisconsin must obtain 18 credits in Education, including 5 credits in practice teaching. Since not more than 16 credits in Education may be counted toward the B. S. degree, these students must obtain a total of at least 122 credits for graduation.

The program for teaching is a general program and prepares students to teach all phases of Home Economics.

Practice teaching is done under experienced teachers at Lincoln High School in Milwaukee and at Shorewood High School.

This general program, with academic credits substituted for the 15 Education credits, would make a very satisfactory and interesting program for students not planning to enter upon a remunerative occupation outside the home. A further suggestion is given for a program for Home and Community Service on the following page.

This program leads to the Bachelor of Arts degree and includes the following courses in the Home Economics Department: Child Development and Guidance, Dietetics and Meal Management, Textiles and Clothing Economics, The Family, and Housing and Home Management.

students in generous measures through the cooperation of educational and commercial organizations of the city. Such opportunities greatly enrich and motivate class room teaching. Practice teaching is done in the high schools of both Milwaukee and Shorewood. For the students who are planning to enter the field of hospital dietetics, the Milwaukee hospitals extend the privilege of practice teaching. For students interested in store work, opportunity for experience is provided under the joint supervision of the personnel department of one of Milwaukee's large stores and the Home Economics Department of the College. For students interested in commercial work in foods and nutrition, through the cooperation of a commercial organization of the city, some fine apprenticeship training is available. A nursery school at State Teachers College, just one block from Milwaukee-Downer College, generously shares its experiences and responsibilities with us.

Trips are made to stores, factories, markets and laboratories. The Public Museum, the Layton Art Gallery and the Art Institute provide illustrative materials, in the form of pictures, prints, textile fabrics and home furnishings. The stores frequently lend textiles and equipment. The restaurants, hotels, and hospitals share their institutional experiences with students interested in these vocational fields.

EXPENSES OF THE COLLEGE STUDENT

The "catalogue expenses" for the year for resident students are \$230.00 for tuition, \$400 for board and room, and \$10.00 for an infirmary fee.

This sum of \$640.00 is the fixed yearly charge for resident students, or \$320.00 is the fixed charge for one semester. The fixed expenses for students who are not living in residence are \$230.00 a year for tuition, or \$115.00 a semester.

Other expenses related to the program of work are the laboratory fees, and the cost of books and supplies. These are highest in the Freshman year in the Home Economics course because of the

number and nature of the laboratory courses, but the average yearly expenditures for the four-year period are about as follows:

Books and supplies	\$25.00
Laboratory fees	21.00
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	\$46.00

There is a fee of \$25.00 for students who are doing practice teaching. This fee of the Senior year increases the average yearly expenditure for fees of students whose major field is Home Economics Education so that they have a yearly expenditure of \$27.25 instead of \$21.00.

The average expenditures of a representative group of Home Economics students during the past three years for incidental expenses are as follows:

Dues and organizations	\$10.00
Contributions and gifts.....	20.00
Recreation	35.00
Sundries, including carfare, toilet articles, etc.	35.00
Clothing accessories and upkeep	30.00
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	\$130.00

The complete cost of the year's clothing has not been included in the above budget since most students purchase their clothing at home and since most of them have an allowance for the college year which covers merely clothing accessories and upkeep. Health and travel expenses are not included as these are such highly variable items.

The sum of \$130.00 for the college year or about \$12.00 or \$13.00 a month, makes a very satisfactory allowance for the average Milwaukee-Downer student.

The complete expense of a year at college will be approximately as follows:

Fixed expenses (Tuition, room, board, infirmary fee)	\$640.00
Books and supplies	25.00
Laboratory fees	21.00
Allowance	130.00
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	\$816.00

Clothing, travel and health are variable items which will have to be taken into consideration in planning the complete budget of each student. City students living at home can deduct \$400.00 from the total. This makes their yearly expenses about \$416.00.

SCHOLARSHIP AND STUDENT AIDS

The Home Economics Club of Milwaukee, which is a member of the State Federation of Women's Clubs, has for a period of twelve years generously given the Home Economics Department two scholarships of \$100 each. In making the awards preference is given to students from Milwaukee County.

The Helen Cheney Kimberly Loan Fund is available for students who are preparing to teach Home Economics. Money from this fund is loaned to approved applicants without interest.

In addition to these special funds for Home Economics students, the college awards a limited number of honor scholarships to students with outstanding records. Grants-in-aid may be awarded to students of satisfactory general record who need financial assistance.

SELF-HELP

A limited number of campus positions are available to students, with remuneration at the rate of \$35.00 a semester for five hours of work a week. The Bureau of Self-Help provides further opportunities for occasional remunerative occupation.



Home Economics Club in Sabin Hall

STUDENTS AND ALUMNAE ORGANIZATIONS

The Home Economics Club is open to all students majoring in Home Economics. Monthly meetings are held in the living rooms in Sabin Hall. The aims are social acquaintance, development of professional outlook, and vocational guidance. Alumnae return to tell of their particular fields of interest, and in the course of the year, through discussions, conferences, informal reports, and lectures by outside people, an orientation and a perspective are given of the objectives and scope of Home Economics and of its relationships to other fields.

The Home Economics Club is affiliated with the Wisconsin and the American Home Economics Associations. Some enterprise is undertaken each year to earn money for the purchase of equipment or furnishings for the department. A projector was purchased during the past year from the earnings and hoardings of the Club during the last three years.

The Home Economics Alumnae of Milwaukee have formed an organization which meets as a study club and holds monthly meetings in the living rooms of Sabin Hall. The first meeting each fall is a dinner meeting at which the Home Economics faculty are hostesses, and at which the program is planned for the year.