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DEPARTMENT OF  
OCCUPATIONAL THERAPY

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OCCUPATIONAL THERAPY

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## THE PROFESSION OF OCCUPATIONAL THERAPY

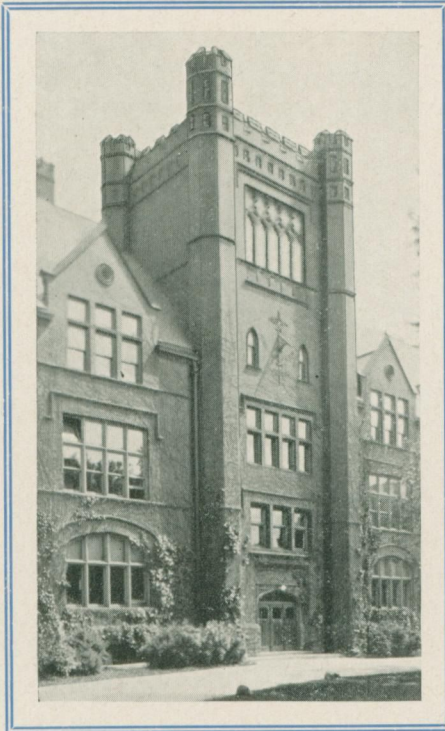
For many years it has been realized that hospital patients were happier, were easier to care for, and recovered more rapidly, if they were occupied with tasks around the institution or with creative handwork. The World War crystallized this employment of sick people into scientific treatment prescribed by the physician to meet the exact physical or mental need of the patient. This new form of treatment is called Occupational Therapy. It "includes any occupation, mental or physical, which is definitely prescribed and guided for the distinct purpose of contributing to, or hastening recovery from disease or injury." Its use not only has a valuable curative effect, but it also shortens the patient's enforced period in the hospital; and such shortening is of distinct economic importance.

## HISTORY

Milwaukee-Downer College has the distinction of being a pioneer in offering a program of training in Occupational Therapy as early as 1913. Two students enrolled, attracted to a field that was just beginning to open, namely the teaching of handicrafts to hospital patients. Though the work was naturally somewhat informal, it is interesting to note that the subjects included Psychology, Physiology, Sociology, Design, Metal Work, Leather Work, and the Textile Crafts.

When the country was plunged into the World War and the demand arose for trained workers in the war hospitals, a definitely planned program for occupational therapists was organized. The first students graduated in 1918, and immediately entered the military hospitals as reconstruction aides.

The value of occupations used in the treatment of the mentally and physically sick was so well demonstrated that civilian hospitals recognized its necessity and added this form of treatment to their medical program. It became apparent, therefore, that serious consideration must be given to the question of providing proper training for those who wished to make this new field of work for the sick and disabled their profession.



MERRILL HALL

is provided in craft analysis, so that the student not only has a thorough training in the underlying principles of the subject, but also an intelligent understanding of the occupation in relation to the physical, mental, social, and economic aspects of the patient's disease.

### REQUIREMENTS FOR ADMISSION

Applicants must have sound health and a pleasing personality. Adaptability, even temperament, understanding, tact, resourcefulness, dependability, and a sincere desire to enter this humanitarian service are essential to success in Occupational Therapy.

For the program leading to the degree, applicants must meet the entrance requirements for regular students, as stated in the College catalogue.

For the shorter program, applicants should offer a high school education and further academic study or training in work particularly appropriate as a background for this field of service.

It is desirable that applicants should have a personal interview with the Director of the Department of Occupational Therapy if possible.

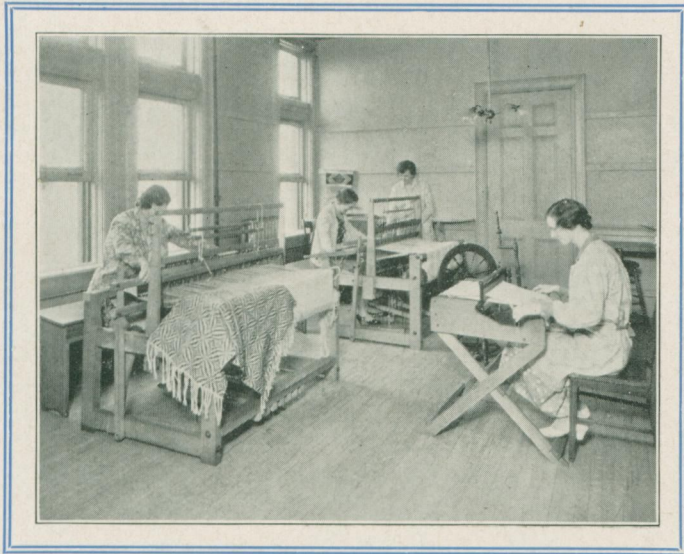
The College reserves the right to demand the withdrawal of any student or to withhold the diploma, if, in the opinion of the authorities, the student is not adapted to the work.



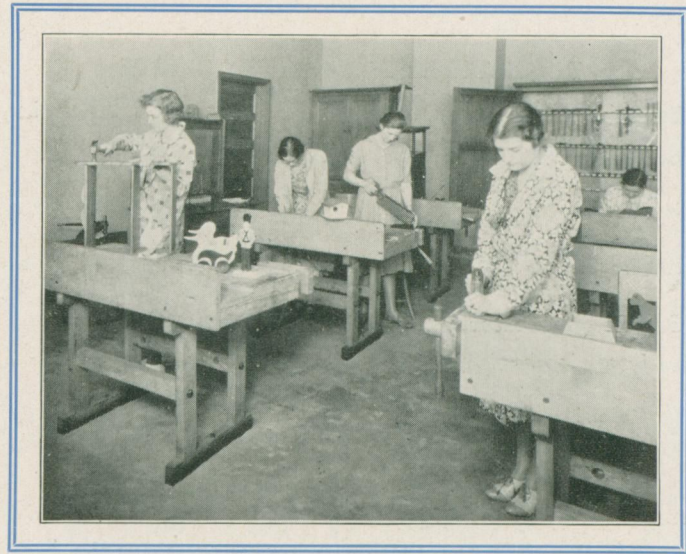
STUDENT CLASS IN METAL WORK



DIRECTING CURATIVE PLAY FOR CHILDREN WITH WEAK MUSCLES



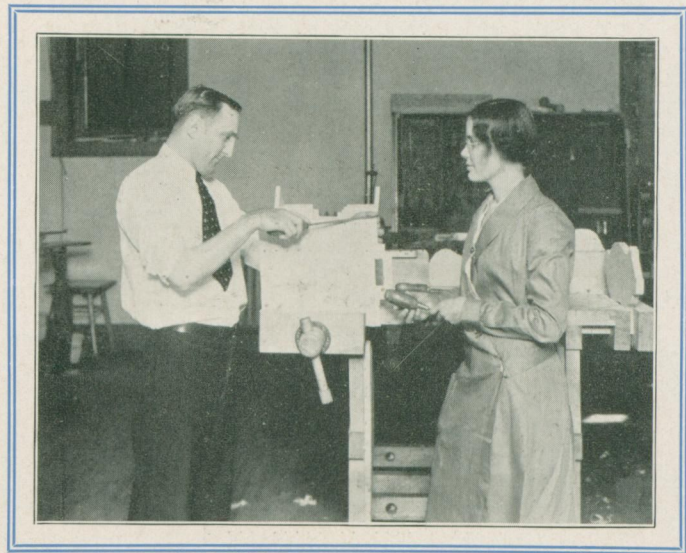
STUDENT CLASS IN WEAVING



STUDENTS LEARNING WOOD WORK AND TOY-MAKING



WEAVING AS TREATMENT



WOOD WORK AS EXERCISE FOR AN INJURED HAND

## REQUIREMENTS FOR THE DEGREE

English .....	12 credits
Language .....	8 "
Sixteen credits are required if less than 3 years of language is offered for entrance.	
History .....	6 credits
Science (Laboratory) .....	30 "
Inorganic Chemistry .....	6 credits
Organic Chemistry .....	6 "
General Zoology .....	6 "
Anatomy and Physiology .....	6 "
Bacteriology .....	3 "
Elective .....	3 "
Other O. T. Requirements .....	27 "
General Psychology .....	3 credits
Educational Psychology .....	3 "
Child Psychology .....	3 "
Abnormal Psychology .....	2 "
Sociology .....	4 "
Kinesiology .....	2 "
Medical Lectures .....	2 "
Theory of Occupational Therapy .....	4 "
Community Resources in Social Work .....	1 "
Recreational Therapy .....	1 "
Practice Training .....	2 "
Art and Technical Requirements .....	29 "
Design .....	8 credits
Mechanical Drawing .....	2 "
Clothing .....	1 "
Leather Work .....	1 "
Weaving .....	3 "
Basketry .....	2 "
Wood Work .....	4 "
Metal Work .....	3 "

Modeling .....	1 "
Bookbinding .....	1 "
Minor Crafts .....	3 "
<hr/>	
Total credits specified .....	112 "
Academic electives .....	8 "
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CREDITS .....	120

### Non-Credit Requirements

Gymnasium and Athletics ..... 2 years  
 Freshman Lectures and Hygiene.  
 First Aid.

### Hospital Practice Training

Nine months—covering the following services:  
 Mental, Orthopedic, Cardiac, Tuberculosis, General  
 Medical and Surgical.

This intensive training is planned to give the student clinical experience in treating all types of physical and mental diseases and disabilities, thus enabling her to correlate theory and practice, and to become familiar with hospital procedure. A diploma is not granted until satisfactory completion of the required practice training.

### REQUIREMENTS FOR DIPLOMA

Science (Laboratory) .....	7 credits
Anatomy and Physiology .....	6 credits
Applied Bacteriology .....	1 "
Other O. T. Requirements .....	21 "
General Psychology .....	3 credits
Abnormal Psychology .....	2 "
Sociology .....	4 "
Kinesiology .....	2 "
Medical Lectures .....	2 "
Theory of Occupational Therapy .....	4 "
Community Resources in Social Work.....	1 "
Recreational Therapy .....	1 "
Practice Training .....	2 "
Art and Technical Requirements.....	29 "
Design .....	8 credits
Mechanical Drawing .....	2 "
Clothing .....	1 "
Leather Work .....	1 "
Weaving .....	3 "
Basketry .....	2 "
Wood Work .....	4 "
Metal Work .....	3 "
Modeling .....	1 "
Bookbinding .....	1 "
Minor Crafts .....	3 "
<b>TOTAL CREDITS .....</b>	<b>57</b>

### Non-Credit Requirements

Gymnasium and Athletics .....	1 year
Freshman Lectures and Hygiene.	
First Aid.	

### Hospital Practice Training

See requirements for the degree course.

### POSITIONS

On receipt of the diploma in Occupational Therapy, the student is entitled to practise the profession. Positions are not guaranteed by the College, but there is an increasing demand for well-trained occupational therapists.

### UNIFORMS

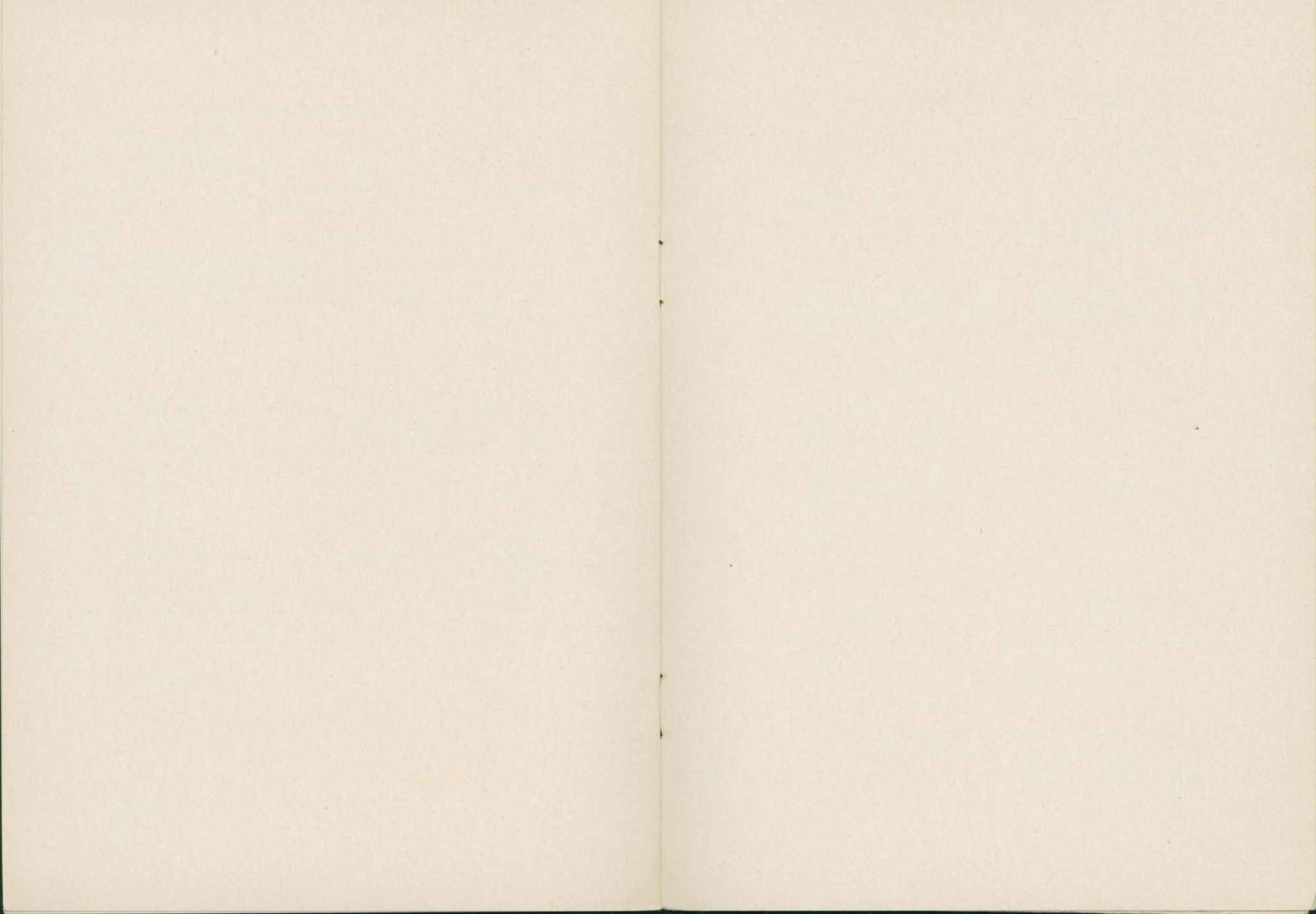
In craft classes, students are required to wear a regulation blue smock. During practice training, they are required to wear a blue uniform, and low-heeled white shoes and stockings.

### EXHIBITIONS

Craft work must be available for the purpose of exhibition at any time until the student graduates. Honor work selected by the faculty for its excellence may be retained by the College for exhibition until the student completes practice training.

### EXPENSES

For the shorter program, which leads to the diploma only, tuition is \$125 each semester for the two years of work which precede the nine months of hospital training. For charges in the program leading to a degree, see the current catalogue of the College. For those who live in residence, charges for board and room are \$200 each semester.



MILWAUKEE-DOWNER COLLEGE

DEPARTMENT OF OCCUPATIONAL THERAPY

MARJORIE TAYLOR

Director of the Department of Occupational Therapy  
Director of Junior League Curative Work Shop  
Registered Occupational Therapist

Diploma, Boston Museum of Fine Arts; Diploma, Boston School of Occupational Therapy; Diploma, Newton Welfare Bureau Wartime Course in Social Service.

ALICE EMELINE BELCHER Professor of Economics

B. A., Mount Holyoke College; M. A., Radcliffe College; additional study at Columbia University; Harvard University; and University of California.

GRACE LUCRETIA CLAPP Professor of Bacteriology

B. A. and M. A., Smith College; Ph. D., University of Chicago.

NELL CALISTA FIELD

Assistant Professor of Home Economics

B. S., Columbia University; additional study, University of Minnesota; University of Chicago; University of Wisconsin, Extension Division.

ESTHER MABEL FRAME Instructor in Applied Arts

Diploma in Occupational Therapy, Milwaukee-Downer College; additional study at the University of Wisconsin; The Kalo Shop, Chicago; Commonwealth Art Colony, Boothbay, Maine; Layton School of Art.